

SELF- REFERRAL

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Prevention Coordinator

WHAT IS SELF REFERRAL?

A self-referral is when a soldier voluntarily comes forward and admits that he/she has a substance abuse problem BEFORE he/she knows about a urinalysis test.

Example:

The unit commander has ordered a urinalysis test on Monday for all members of the unit. Before receiving an order or having knowledge of a pending test to appear for a urinalysis, a soldier approaches the platoon sergeant, admits having used illegal drugs over the weekend, and indicates a desire to receive help.

Is a soldier protected under the limited use policy from having any adverse action against them?

Yes.

The “Limited Use Policy”:

- Helps identify alcohol and drug abusers by encouraging identification through self-referral. It is not intended to protect a member who is attempting to avoid disciplinary or adverse administrative action
- Protects the soldier if they provide a sample for the urinalysis, and the results come back positive if they’ve self-referred before knowing about a urinalysis test.

The “Limited Use Policy” cont:

- States that if the commander is made aware of a soldier’s illegal drug use through the soldier’s self-referral, the requirement to initiate separation proceedings does not apply.

Can you self-refer again after completing treatment?

- If you self-refer because you have a drug problem and you complete treatment, you cannot self-refer again. You will be considered a rehab failure and will be processed for separation.

**WHAT DO I DO IF A SOLDIER
SELF REFERS?**

SELF REFERRAL PROCESS:

SELF REFERRAL PROCESS:

- You (the soldier) goes to the Commander, Readiness NCO, or Unit Prevention Specialist (UPS) and tell them that you have a problem.
- The soldier and the person you talked to, will go to the Commander and let him/her know that you want to self refer.
- The Commander will start the self referral paperwork

Self-Referral Paperwork

1. Explain/ Complete the Right's Warning Statement with soldier. Counsel/ advise soldier of rights under the appropriate provisions of the State law pertaining to self incrimination (DA Form 3881) .
2. Explain "Limited Use Policy" to soldier.
3. Complete DA Form 4856 for referral to the Prevention Coordinator for treatment coordination.

Soldier must be advised of the following IAW AR 600-85:

- They must be screened/evaluated within 30 days of the command counseling session.
- The Command can test the soldier 90 days after the counseling session.
- They are responsible for all costs incurred in any referral/ rehabilitation programs.
- They must sign a consent statement that allows the treatment personnel to share necessary treatment information with the unit commander or designee.

Cont.

- Failure to participate in and successfully complete approved State or ASAP counseling and treatment program, or the refusal to sign a consent form to release information to the unit commander, will result in process for separation under AR 135-175 or AR 135-178.
- Medical release completed and signed

Cont.

- Prevention Coordinator contacted, soldier given PC contact information.
- Originals made of all documentation to be kept on file by unit, copies to be sent to the Prevention Coordinator's office.

What does the regulation say?

AR 600-85 • 24 March 2006

- Section II
- Limited Use Policy
- 6-3. Objective
- The objective of the “Limited Use Policy” is to facilitate the identification of alcohol and other drug abusers by encouraging identification through self-referral. In addition, **the policy is designed to facilitate the treatment and rehabilitation of those abusers who demonstrate the potential for rehabilitation and retention.** When applied properly, the “Limited Use Policy” does not conflict with the Army’s mission or standards of discipline. **It is not intended to protect a member who is attempting to avoid disciplinary or adverse administrative action.**

Who pays for rehabilitation?

- It is the responsibility of the soldier or airman to pay for his or her rehabilitation expenses.
- The rehabilitation must be through a Indiana certified center for treatment.
- Soldier/Airman must be screened /evaluated within 30 days of the command counseling session.

Access to Recovery (ATR)

This grant is open to individuals who aren't able to afford to go to a treatment facility.

Eligibility Criteria for Access to Recovery

- Be residents of Indiana and age 18 and older
- Reside in one of the following Counties:
Vanderburgh, Lake, Vigo, St. Joseph,
Marion, Elkhart, and Allen

Eligibility continued...

- Have median family income or below and no private insurance for the required services or private insurance coverage for the required services has been exhausted
- Have been released from prison, jail or another correctional facility in the last 45 days.

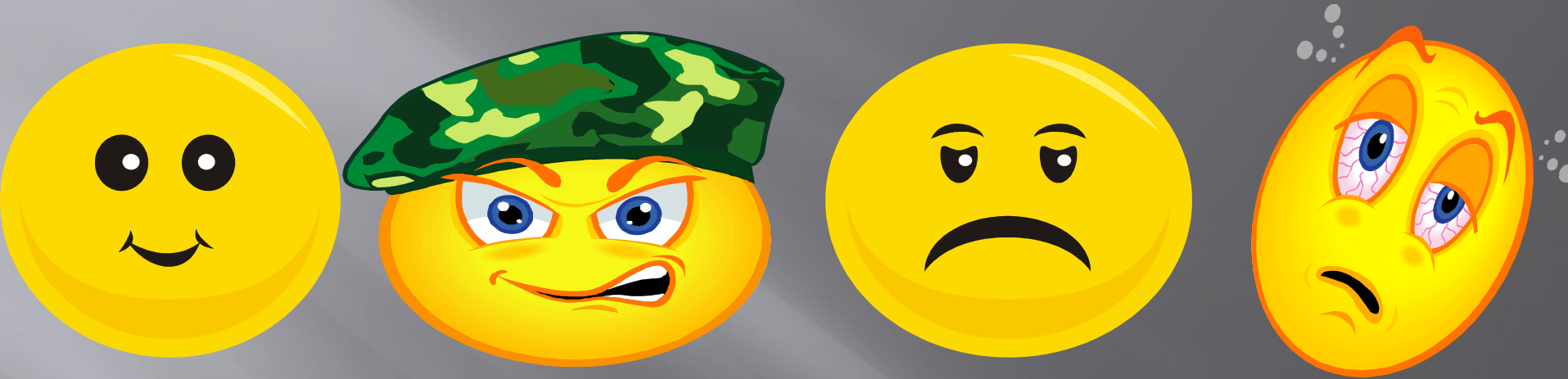
Eligibility continued....

- Will be released from Prison, Jail or another correctional facility in the next 6 months.
- If you are a women being pregnant or having dependent children.

Confidentiality

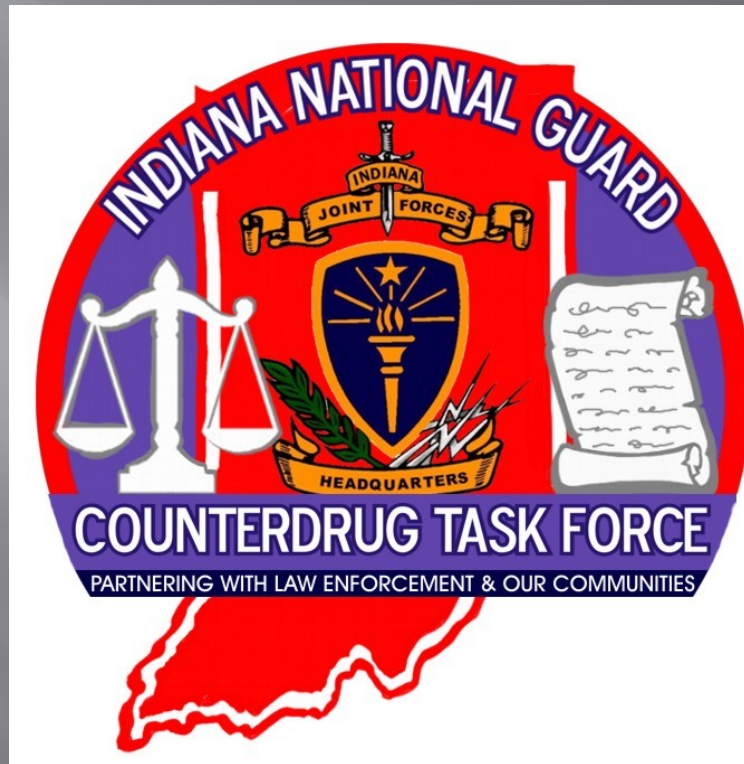
- The soldier will be protected under the limited use policy if he self-refers before a drug test is announced.
- If he/she contacts the PT&O to self-refer, I am obligated to notify the commander of that soldier's self-admittance.

How do I know when something is wrong?



**AS IN APPLYING A BASELINE
TO
KNOW THE PERFORMANCE
OF
EQUIPMENT, THE SAME IS
TRUE**

QUESTIONS?



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COUNTERDRUG DIVISION